



## What To Expect With Your New Implant Crown Post-Operative Instructions

### **Oral Hygiene:**

- Maintain good oral hygiene to prevent infection. Brush your teeth gently twice a day and use a soft-bristled toothbrush.
- Floss around the crown in a "C" shape motion, ensuring floss reaches underneath the gumline around the crown to avoid any food impaction.

### **Diet:**

- Eat soft non sticky foods for the first 24 hours. Avoid hard, crunchy, or sticky foods to ensure the cement is fully cured under the crown.

### **Appearance:**

- The implant crown should blend in with your natural teeth. Sometimes, depending on how the bone heals, the crown may appear more rounded than your natural teeth. If you notice any issues with the appearance or fit, contact your dentist.

### **Functionality:**

- Your implant crown should function like a natural tooth. You should be able to eat, speak, and smile confidently. Just remember to avoid flossing and eating anything sticky for 24 hours after the insert to ensure the cement is fully cured underneath the crown.

### **Long-Term Care:**

- Continue regular dental check-ups and cleanings. Proper care and maintenance will help ensure the longevity of your implant and crown.

If you have any specific concerns or experience unusual symptoms, don't hesitate to reach out.